

PSYCHOSEXUAL ASSESSMENTS AND TREATMENT OF THE SEXUAL ABUSER

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MY BACKGROUND:

- US ARMY
 - MILITARY POLICE CORPS, UNITED STATES DISCIPLINARY BARRACKS
- SOUTH DAKOTA STATE UNIVERSITY
 - M.S. COUNSELING AND HUMAN RESOURCE DEVELOPMENT
- CALIFORNIA SOUTHERN UNIVERSITY
 - PSY.D. (INCOMPLETE)
- LICENSED PROFESSIONAL COUNSELOR-MENTAL HEALTH
 - LPC 2007-2011
 - LPC-MH 2011-PRESENT
- LICENSED ADDICTION COUNSELOR (LAC) 2010-PRESENT
- OWNER/OPERATOR COMPASS COUNSELING AND ASSESSMENTS, INC. (2011-PRESENT)
- CLINICAL MEMBER OF ASSOCIATION FOR THE TREATMENT OF SEXUAL ABUSERS

PRESENTATION OBJECTIVES

- DEMYSTIFYING THE PROCESS OF ASSESSMENT FROM REFERRAL TO SUBMISSION TO IMPROVE UNDERSTANDING OF THE STRENGTHS AND LIMITATIONS OF PSYCHOLOGICAL AND/OR PSYCHOSEXUAL ASSESSMENTS
- PROVIDE INFORMATION ON COMMONLY USED TESTS/ASSESSMENT INSTRUMENTS
- POST-SENTENCE SUPERVISION AND TREATMENT OF SEXUAL OFFENDERS

SOUTH DAKOTA CODIFIED LAW: 22-22-1.3

- CONTENTS OF PRESENTENCE INVESTIGATION REPORT FOR PERSON CONVICTED OF SEX CRIME. ANY PERSON CONVICTED OF A FELONY VIOLATION AS PROVIDED IN SUBDIVISIONS 22-24B-1(1) TO (15), INCLUSIVE, AND (19) SHALL HAVE INCLUDED IN THE OFFENDER'S PRESENTENCE INVESTIGATION REPORT A PSYCHO-SEXUAL ASSESSMENT INCLUDING THE FOLLOWING INFORMATION: **THE OFFENDER'S SEXUAL HISTORY; AN IDENTIFICATION OF PRECURSOR ACTIVITIES TO SEXUAL OFFENDING; INTELLECTUAL, ADAPTIVE AND ACADEMIC FUNCTIONING; SOCIAL AND EMOTIONAL FUNCTIONING; PREVIOUS LEGAL HISTORY; PREVIOUS TREATMENT HISTORY; VICTIM SELECTION AND AGE; RISK TO THE COMMUNITY; AND TREATMENT OPTIONS RECOMMENDED.** If a presentence investigation is not prepared, the court shall order a psycho-sexual assessment which shall be made available to the court prior to sentencing. If the offender is sentenced to the state penitentiary, the psycho-sexual assessment shall be attached to the official statement and supplied to the Board of Pardons and Paroles and the warden.

PURPOSES OF A PSYCHOSEXUAL EVALUATION

THE PURPOSE OF THE PSYCHOSEXUAL EVALUATION IS TO DETERMINE WHETHER THE SUBJECT SUFFERS FROM SEXUAL DEVIANCE OR SEVERE PSYCHOPATHOLOGY. ADDITIONALLY, THE ASSESSMENT WILL HELP DETERMINE AMENABILITY FOR SUPERVISION AND PSYCHOTHERAPEUTIC INTERVENTIONS IF THE PRESENCE OF SEXUAL DEVIANCY OR SEVERE PSYCHOPATHOLOGY IS INDICATED.

PER THIS AUTHOR'S EXPERIENCE, SOME OF THE MOST IMPORTANT DISORDERS TO IDENTIFY AND/OR RULE OUT INCLUDE:

- ANTISOCIAL PERSONALITY DISORDER/PSYCHOPATHY
- PARAPHILIC DISORDERS (SEXUAL DEVIANCY)
 - **PEDOPHILIA**
 - **SEXUAL SADISM**
 - VOYEURISM
 - EXHIBITIONISM

STRANGER DANGER?

WHILE EDUCATION OUR CHILDREN ABOUT HOW TO DEAL WITH STRANGERS IS IMPORTANT, STATISTICALLY SPEAKING SUCH OFFENSES ARE THE EXCEPTION (APPROXIMATELY 5%)...

WHEREAS THE RULE: FAMILY MEMBERS ACCOUNT FOR BETWEEN 35-45% OF SEXUAL ASSAULTS ON CHILDREN; 45-55% OF SEXUAL ASSAULTS ARE PERPETRATED BY ACQUAINTANCES OF THE CHILD/FAMILY.

MOST CHILD SEXUAL ABUSE IS PERPETRATED BY OLDER CHILDREN.

ADULTS WHO QUALIFY AS PEDOPHILES WILL PERPETRATE THE MAJORITY (90%) OF SEXUAL OFFENSES AGAINST PREPUBESCENTS.

GENERAL ASSESSMENT INSTRUMENTS

- FOLSTEIN MINI MENTAL STATE EXAM: THIRTY ITEM ASSESSMENT OF THE SUBJECTS COGNITIVE FUNCTIONING (ATTENTION, MEMORY, ORIENTATION (TIME, PLACE, SITUATION), REGISTRATION (REPETITION OF PROMPTS), AND LANGUAGE.
- BRIEF INTELLECTUAL MEASURE E.G., KAUFMAN BRIEF INTELLIGENCE TEST-2ND EDITION. PROVIDES TWO SUBSCALES (VERBAL AND NONVERBAL) AND A FULL-SCALE IQ.
- AFFECTIVE ASSESSMENT (DEPRESSION AND ANXIETY): I PREFER TO USE STANDALONE MEASURES THAT ARE READILY READMINISTERED AS PART OF TREATMENT BECK DEPRESSION/PATIENT HEALTH QUESTIONNAIRE-9
- ADULT/JUVENILE ADD/ADHD SCREENS: CONNERS ADULT AD/HD RATING SCALES (CAARS)
- PERSONALITY: MINNESOTA MULTIPHASIC PERSONALITY INVENTORY 2ND OR 3RD EDITION FOR ADULTS OR MILLON CLINICAL MULTIAXIAL INVENTORY-4TH ED. (MCMI-IV).
- PROJECTIVE MEASURES: RORSCHACH INKBLOT, THEMATIC APPERCEPTION TEST, ROTTER INCOMPLETE SENTENCE BLANK

SEX SPECIFIC TESTS

- PAPER-PENCIL TESTS: SEXUAL ADJUSTMENT INVENTORY (SAI), MULTIPHASIC SEX INVENTORY-II (MSI-II) THAT MEASURE A VARIETY OF CONSTRUCTS E.G., DEVIANCY, ASOCIALITY, PARAPHILIAS
- SEXUAL INTEREST TESTING: VISUAL REACTION TIME: AFFINITY 2.5 AND ABEL ASSESSMENT OF SEXUAL INTEREST BATTERY INCLUDING THE ADULT VERSION (AASI-3), JUVENILE (AASI-2 FOR BOYS), AND INTELLECTUAL DISABLED (ABEL-BLASINGAME ASSESSMENT FOR INTELLECTUAL DISABILITIES).
- SEXUAL AROUSAL: MONARCH 21 PENILE PLETHYSMOGRAPH
- POLYGRAPHY

MANAGEMENT OF THE OFFENDER IN THE COMMUNITY.

- WEEKLY GROUP SESSIONS 90-120 MINUTES LONG.
 - POSSIBLE INDIVIDUAL SESSIONS IN ADDITION TO THE GROUP.
- MOVEMENT MONITORING USING GLOBAL POSITIONS SYSTEM DEVICES (GPS).
- URINALYSIS AND/OR BLOOD TESTING FOR SUBSTANCE USE.
- MONITOR POLYGRAPH TESTING EVERY 3 TO 6 MONTHS.

MANAGEMENT/CONTAINMENT CONTINUED

- HOME/WORK VISITS (TYPICALLY COMPLETED BY PAROLE AGENT/COURT SERVICES OFFICER).
- OBJECTIVE RISK (ACUTE) MEASUREMENT AT EACH CONTACT WITH OFFENDER.
- MEDICATIONS MAY BE RECOMMENDED IN CASES OF EXTREME CASES.
 - SSRI'S MAY HELP WITH OBSESSIVE SEXUAL FANTASIES
 - ANTI-ANDROGENS ARE MORE DRASTIC AND 'CHEMICALLY CASTRATE' THE INDIVIDUAL
- RESTRICTIONS ON EMPLOYMENT, RESIDENCE, ACCESS TO TECHNOLOGY, ACCESS TO VULNERABLE POPULATIONS E.G. CHILDREN, ELDERLY WITH DEMENTIA/ALZHEIMER'S, ADULTS WITH MARKED INTELLECTUAL DISABILITIES, AND PROHIBITION OF LOITERING IN SITUATIONS WHERE OTHERS MAY BE INTOXICATED.

RISK, NEEDS, AND RESPONSIVITY

USING THE RISK, NEEDS, AND RESPONSIVITY (RNR) MODEL AS A FRAMEWORK TO GUIDE ASSESSMENTS AND EMPLOY ASSESSMENT-DRIVEN AND EVIDENCED-BASED INTERVENTIONS (ANDREWS AND BONTA, 2007)

- WHICH SEX OFFENDERS WILL BENEFIT MOST FROM AVAILABLE TREATMENT AND SUPERVISION?
- HOW SHOULD TREATMENT AND SUPERVISION SERVICES FOR SEX OFFENDERS BE DELIVERED TO ENSURE MAXIMUM BENEFIT FROM THE INTERVENTIONS?
- WHAT ARE THE SPECIFIC TARGETS OF TREATMENT AND SUPERVISION THAT WILL HAVE THE GREATEST IMPACT ON REDUCING SEXUAL OFFENDER RECIDIVISM?

RISK

RISK PRINCIPLE: HELPS ANSWER “WHICH OFFENDERS WILL BENEFIT MOST FROM TREATMENT AND SUPERVISION?”

- RESOURCES ARE FINITE
- PRIORITIZING THE HIGHER RISK OFFENDERS FOR MORE INTENSIVE LEVELS OF TREATMENT AND SUPERVISION
- PAIRING HIGHER RISK OFFENDERS WITH HIGHER INTENSITY SERVICES WILL HAVE A GREATER IMPACT ON REDUCING RECIDIVISM THAN PROVIDING THAT SAME LEVEL OF INTERVENTION TO THEIR LOWER RISK COUNTERPARTS (ANDREWS AND BONTA, 2007)

NEEDS

NEED PRINCIPLE: ADDRESSES THE QUESTION “WHAT ARE THE TARGETS OF TREATMENT AND SUPERVISION THAT WILL HAVE THE GREATEST IMPACT ON REDUCING RECIDIVISM POTENTIAL FOR SEXUAL OFFENDERS?”

- FOCUSING TIME AND RESOURCES ON THE CRITICAL PROBLEM AREAS
- TARGETING CHANGEABLE FACTORS (CRIMINOGENIC NEEDS) THAT ARE SHOWN TO BE DIRECTLY RELATED TO RECIDIVISM/RISK.

(ANDREWS & BONTA, 2007; CULLEN & GENDREAU, 2000)

RESPONSIVITY

- RESPONSIVITY ADDRESSES THE QUESTION: “WHAT IS THE BEST WAY TO DELIVER TREATMENT AND SUPERVISION FOR SEXUAL OFFENDERS?”
 - IDENTIFYING SPECIFIC CHARACTERISTICS OF THE SUBJECT THAT MAY IMPACT THEIR RESPONSE TO INTERVENTIONS.
 - INDIVIDUAL CHARACTERISTICS INCLUDE: LEARNING ABILITY, FUNCTIONING LEVEL, LEARNING STYLE, MOTIVATION, DENIAL, AND PRESENCE OF ADAPTIVE COPING SKILL.

RISK ASSESSMENT AND CRIMINOGENIC NEEDS

TYPES OF RISK

- **STATIC: NON-CHANGEABLE OR LITTLE DOWNWARD MOVEMENT LIKELY; THAT IS, ONCE PRESENT THE FACTOR REMAINS PRESENT FOR THE REMAINDER OF THE OFFENDER'S LIFE (STATIC-99R)**
- **STABLE, DYNAMIC: ENDURING TRAITS THAT ARE NONETHELESS CHANGEABLE (STABLE-2007)**
- **ACUTE, DYNAMIC: RAPID SHIFTING IS POSSIBLE (ACUTE-2007)**

EXAMPLES OF STABLE RISK FACTORS

- INTIMACY DEFICITS
 - RELATIONSHIP STABILITY (OR LACK THEREOF) (HANSON & BUSSIÈRE, 1998)
 - EMOTIONAL IDENTIFICATION WITH CHILDREN
 - CHILDREN VIEWED AS MORE RELATABLE AND LESS JUDGMENTAL THAN ADULTS
 - MAY DESCRIBE THE SEXUAL ABUSE AS A RECIPROCAL AND HEALTHY RELATIONSHIP
 - HOSTILITY TOWARDS WOMEN
 - GENERAL SOCIAL REJECTION AND/OR LONELINESS
 - ABSENCE OF FRIENDS, WEAK CONNECTIONS TO SOCIETY, INSECURE ADULT ATTACHMENT
 - LACK OF CONCERN FOR OTHERS
 - MARKED EGOCENTRISM
 - PARASITIC RELATIONSHIPS
 - UNCONCERNED ABOUT THE IMPACT THEIR BEHAVIOR HAS ON OTHERS

(FERNANDEZ, HARRIS, HANSON, & SPARKS, 2012)

- PRO-OFFENDING ATTITUDES
- SEX AS COPING
- PERVASIVE ANGER
- DEVIANT SEXUAL INTEREST
- POOR PROBLEM SOLVING
- IMPULSIVITY
- SEX DRIVE/PREOCCUPATION
- SIGNIFICANT SOCIAL INFLUENCES
 - THE PRESENCE OF NEGATIVE PEER ASSOCIATE(S) IS ONE OF THE STRONGEST PREDICTORS OF RECIDIVISM (GENDREAU, LITTLE, & GOGGIN, 1996)

- COOPERATION WITH SUPERVISION
 - RESISTANCE TO FOLLOWING RULES
 - WILLINGLY PLACE SELVES IN HIGHER RISK SITUATIONS
 - DEFIANCE TOWARDS AUTHORITY
 - OFFENDERS WHO VIEW THEMSELVES AS NO RISK TO RE-OFFEND
- SIGNIFICANT SOCIAL INFLUENCES
 - THE PRESENCE OF NEGATIVE PEER ASSOCIATE(S) IS ONE OF THE STRONGEST PREDICTORS OF RECIDIVISM (GENDREAU, LITTLE, & GOGGIN, 1996)

ACUTE RISK FACTORS

- VICTIM ACCESS
- HOSTILITY
- SEXUAL PRE-OCCUPATION
- REJECTION OF SUPERVISION
- EMOTIONAL COLLAPSE
- COLLAPSE OF SUPPORT SYSTEMS
- SUBSTANCE ABUSE

(FERNANDEZ, HARRIS, HANSON, & SPARKS, 2012)

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